

### **Bitter Gourd :**

- ✓ Soil : Well drained sandy loam
- ✓ Optimum temperature for germination : 25-30 degree C
- ✓ Seed rate : 1.5 – 2.0 kg/acre
- ✓ Spacing : Row to row : 2m  
                  Plant to plant : 1.5m
- ✓ Sowing season for all gourds :
  1. Jan –Mar for summer crop
  2. May –July for Rainy season crop
- ✓ **Recommended states for cultivation:**  
Across India in all the key growing bitter gourd belts.